

DROP-IN YOUTH CENTRES

Youth ages 12-18 are invited to join us at our fully staffed Youth Centres! Please check our website to confirm our hours.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ARC (2499 MCMILLIAN RD) STARTING SEPT.6	2:30-4:30	2:30-4:30	2:30-4:30	2:30-4:30	2:30-8:00
MRC (3106 CLEARBROOK RD) STARTING TBA	2:30-4:30	2:30-4:30	2:30-4:30	2:30-4:30	2:30-8:00

LOCATION LOCATION LOCATION



ARC Youth Centre: 2499 McMillian Rd

Our entrance at ARC is facing the large fields and up a few stairs!

MRC Youth Centre: 3106 Clearbrook Rd

Our entrance at MRC is near the skating rink, up the red stairs!

AYC's Office: P208 - 33355 Bevan Ave

We're in the Sweeney Neighbourhood Centre.

FOLLOW US ON SOCIAL MEDIA TO STAY UP TO DATE WITH EVERYTHING #AYC!



YOUTH NIGHT

(AGES 12-16)



TUESDAY YOUTH NIGHT - \$50

Tuesdays, 7-8:30pm | Oct. 10- Nov. 28
8 weeks of activities that may include bowling, mini-golf, martial arts, and more!

THURSDAY YOUTH NIGHT - \$50

Thursdays, 7-8:30pm | Oct. 12- Nov. 30
8 weeks of activities that may include bowling, mini-golf, martial arts, and more!

FREE OPEN GYM

Ages 12-18, @ ARC Youth Centre

Play basketball, badminton, nine square, soccer, volleyball, and more! Tuesdays & Thursdays, 3:15-4:30pm.

*Please check the calendar on our website to confirm our hours



LIFE SKILLS PROGRAMS

FRASER HEALTH FOODSAFE

[AT] MRC YOUTH CENTRE

\$80 - AGES 14 - 18

This level one course is for food service front line workers such as bus persons, servers, dishwashers and cooks.

FOODSAFE certificate with successful completion.

- September 29 @ 9AM - 5PM
- October 20 @ 9AM - 5PM
- November 10 @ 9AM - 5PM



REDCROSS BABYSITTERS

[AT] ARC YOUTH CENTRE

\$65 - AGES 11 -15

This Red Cross Babysitters program will teach you the skills to care for infants to school aged children and help you become a responsible babysitter.

Certificate provided upon completion.

- September 29 @ 9AM - 4:30PM
- October 20 @ 9AM - 4:30PM
- November 10 @ 9AM - 4:30PM



LEADERSHIP PROGRAMS

- Youth Focus (Ages 12-18)

- Starting on October 4th
- Wednesdays @ 4:30-5:30pm
- at BOTH Youth Centres!

- (IN)volved

Contact us for more information!

SPECIAL EVENT:

- BC Culture Day

- More information will be available on our website in October!

HOW TO REGISTER FOR OUR PROGRAMS:

1. Go to www.abbyouth.com and click "Register Online".
2. On our SmartRec page, make an account under the caregiver's name, the caregiver will become the "Account Owner".
3. Under the caregiver's account, add your youth(s) by clicking "Members" and the "Add Person". Now fill in your youth's information.

4. Once the account is created continue to the registration page to register your youth. Choose the program then click the **blue person icon**, then select your youth as the "Member".

5. Continue to the checkout to fill in the youth's info and payment information.

*Please contact our office if financial assistance is needed

