



Empowered


Take-home kits for youth

Ages 12-18 | Starting July 12th



Each Empowered Kit comes with a reflective resource, a fun activity, and a tasty treat!

Pick up your kit on Mondays, between 3-5pm
at 33355 Bevan Ave, right next to the
Abbotsford Community Library



Become empowered this summer through
youth friendly personal growth,
mindfulness, and self-care activities

For more information,
visit www.abbyyouth.com or contact us at
info@abbyyouth.com | 778-880-8559

