

Winter 2016

Youth Focus

12-18yrs

Would you like to learn leadership skills and have fun while doing it? Meet once a week to build your skills and voice your opinion on youth centre activities.

AYC Youth Centre (at ARC)

Thursdays 5:00pm - 6:00pm

AYC Youth Centre (at MRC)

Thursdays 5:00pm - 6:00pm

(IN)volved

Want to change the world? Start by volunteering in your own community. Get connected with volunteer opportunities for youth ages 12-18. For more info, contact youth@abbyyouth.com.

Free Dinner Nights

Thanks to funding from the Abbotsford Community Foundation, we will be providing a nutritious dinner each month at our youth centres. Come prep and cook for this sit down family style dinner.

ARC- Jan.15, Feb.19, Mar.18

MRC- Jan.8, Feb.5, Mar.4

Spring Break

Our youth centre at ARC will be open during Spring Break! Check out our website for times & events.

LEAD

Grades 9-12

Learn leadership skills and develop a sense of responsibility for our community.

AYC Youth Centres

12-18 yrs

Come in and check out our free drop-in youth centres. Both centres are equipped with a pool table, Wii, Xbox 360, PS3, ping pong, foosball, and more. Come hang out with friends or meet new ones. AYC youth centres are safe places for youth to hang out and are fully supervised at all times.

Youth Centre at Abbotsford Rec Centre (ARC)

Monday - Thursday 2:15pm - 5:00pm

Fridays 2:30pm - 10:00pm

Saturdays 7:00pm - 10:00pm

Youth Centre at Matsqui Rec Centre (MRC)

Monday - Thursday 2:30pm - 5:00pm

Fridays 2:30pm - 10:00pm

Open Gym

12-18yrs

Come to the AYC youth centre and hang out from 7:00pm until we open up the gym at ARC. You'll have the opportunity to play all your favourite sports and try out a few new ones as well.

Youth Centre at Abbotsford Rec Centre

Fridays 9:00pm - 10:00pm

Saturdays 7:30pm - 10:00pm

Drop-in Basketball

12-18 yrs

Drop in each week to shoot some hoops and have some fun, no matter what your skill level is. All youth are welcome to come out and play.

Abbotsford Middle School

Wednesdays 8:00pm - 10:00pm

Drop-in Floor Hockey

12-18yrs

Join us each week for an exciting game of floor hockey. All skill levels welcome.

Ag-Rec Building Gate 2

Thursdays 3:30pm - 5:00pm

Registered Programs

Babysitter Training Course - Red Cross

11-15 yrs

This fun and interesting course provides the necessary tools to become a responsible babysitter. Keep the children in your care safe and happy; learn the skills to care for infants, toddlers, pre-schoolers and school age children. Includes handbook and certificate.

Locations: ARC Youth Centre &
Sweeney Neighbourhood Centre

Saturday January 23 9:00am-4:30pm

Friday February 19 (Pro-D Day) 9:00am-4:30pm

Monday March 14 (Spring Break) 9:00am-4:30pm

1/\$50

Food Safe

14-18 yrs

Become a qualified Food Safe Server and be better prepared for employment! The Level 1 course is for food service front-line workers such as bus persons, servers, dishwashers, and cooks. Five year Foodsafe certificate provided upon successful completion.

Location: AYC Office & ARC Youth Centre

Friday February 19 9:00am-5:00pm 1/\$73

Saturday April 16 9:00am-5:00pm 1/\$73

Leadership Training

12-16 yrs

Are you interested and passionate about developing your leadership potential? This course is full of fun teambuilding activities to enhance your communication skills, handle conflict + more.

Leadership certificate provided at completion.

Location: TBA

Monday March 21 (Spring Break) 9:30am - 4:00pm

1/\$45

Register early to ensure your spot! Registrations are accepted at our office located in the City Hall Building (separate entrance along Justice Way):
32315 South Fraser Way.

www.abbyyouth.com

We accept cash or cheque ONLY for payment

Guys Nite

12-16 yrs

Come out and try martial arts, ice skating, sports, rock climbing, and more! Guys Nite is a recreational program that introduces boys to a variety of activities in the community. Activities are at various locations. Financial assistance may be available.

Mondays January 11 - March 7

7:00pm - 8:30pm 8/\$45

Girls Nite Out

12-16 yrs

Girls will participate in yoga, a spa night, gymnastics, dancing, and more. Girls Nite Out encourages girls to try new activities as a fun way to practice healthier living. Activities are at various locations. Financial assistance may be available.

Wednesdays January 20 - March 9

7:00pm - 8:30pm 8/\$45

Youth Nite

12-16yrs

Guys and girls will join together to participate in fun activities such as laser tag, bowling, and rock climbing. Activities will be held at various locations. Financial assistance may be available.

Tuesdays Januar 19 - March 8

7:00pm - 8:30pm 8/\$45

Join us at our Bullying Awareness Rally

At the AYC youth centre at ARC

Wednesday, February 24th from 3:30pm-5:00pm



Follow us on Twitter and Instagram @abbyyouth



We acknowledge the financial assistance of the City of Abbotsford and the Province of British Columbia