

Fall 2017

FREE Programming for Youth 12-18

Free Dinner Nights

Thanks to funding from the Abbotsford Community Foundation, we will continue to host a nutritious family style sit down dinner each month at both youth centres.

Sept: MRC- 29th/ ARC- 15th

Oct: MRC- 13th/ ARC- 27th

Nov: MRC- 3rd / ARC- 17th

Dec: MRC- 1st / ARC- 15th

Special Events

Join us for these great special events at ARC and MRC. We've planned these events, you just show up at our youth centres and have fun!

Oct 31st:

Halloween Makeup Challenge
Drop into MRC or ARC Youth Centers and get ready for your Halloween transformation! Do your own makeup or a friends.

Winter Break

Looking for something to do during Winter Break? Join us for some fun special activities, as well as our all the fun our youth center already offers! All youth 12-18 are welcome to drop-in. Check out our online calendar for dates, location and times, or contact our office for more information.

AYC Youth Centres

12-18 yrs

Our Youth Centers are a welcoming, safe place for youth to hang out and are fully staffed. Drip in to connect with other youth and engage in a variety of fun recreational activities.

Youth Centre at Abbotsford Rec Centre (ARC)

Mondays - Thursdays	2:30pm - 5:00pm
Fridays	2:30pm - 10:00pm
Saturdays	7:00pm - 10:00pm

Youth Centre at Matsqui Rec Centre (MRC)

Mondays - Thursdays	2:30pm - 5:00pm
Fridays	2:30pm - 10:00pm

FREE Open Gym

12-18 yrs

Come to the youth centre @ ARC and hang out until we open the gym. You'll have the opportunity to play all your favourite sports.

Youth Centre at Abbotsford Rec Centre (ARC)

Fridays	7:00pm - 8:00pm
Saturdays	8:00pm - 10:00pm

FREE Drop-in Basketball

12-18 yrs

Drop in each week to shoot some hoops and have some fun no matter what your skill level is. All youth are welcome to come out and play.

Abbotsford Middle School

Wednesdays	8:00pm - 10:00pm
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FREE Drop-in Floor Hockey and Soccer

12-18 yrs

Join us each week for an exciting game of floor hockey and soccer. We will divide the gym in two, you pick a side. All skill levels welcome.

Ag-Rec Building, Gate 2

Thursdays	3:30pm - 5:00pm
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Registered Programs *+More*

Babysitter Training- Red Cross

Age: 11-15 yrs

Cost: 1/\$55

Location: Varies

Friday, Sept 22

9:00am-4:30pm

Friday, Oct 20

9:00am-4:30pm

Saturday, Nov 4

9:00am-4:30pm

Friday, Nov 24

9:00am-4:30pm

Saturday, Dec 16

9:00am-4:30pm

FoodSafe

Age: 14-18 yrs

Location: Varies

Cost: 1/\$75

Friday, Oct 20

9:00am-5:00pm

Friday, Nov 24

9:00am-5:00pm

Leadership

Age: 12-16 yrs

Cost: 3/\$50

- Communication Skills
- Teambuilding Activities
- Conflict Management

Location: AYC Youth Centre at ARC

Mondays Oct 16 - Oct 30 6:00pm - 8:00pm

Employment Readiness

Age: 13-18 yrs

FREE

- Resume Writing
- Cover Letter Writing
- Interview Skills

Location: TBD

Thursday, Nov 23

9:00am - 4:00pm

Youth Night, Girls Night, & Guys Night

Age: 12-16 yrs

Cost: 8/\$45 (Financial Assistance is Available)

- 7:00pm-8:30pm
- Interact with other youth
- Build relationships
- Location varies each week
- Try New Activities, such as:
 - Dancing,
 - Karate,
 - Laser Tag,
 - Bowling,
 - Corn Maze,
 - And so much more!!!

Guys Night: Tuesdays Oct 10 - Dec 5

Girls Night: Wednesdays Oct 11 - Nov 29

Youth Night: Thursdays Oct 12 - Nov 30

Youth Focus

Are you wanting to learn valuable leadership skills and help to plan activities that are happening in the youth centres? Each week, our Youth Focus group gets together at each youth centre to focus on important issues and planning of special events. We also provide a tasty snack too! Check in with either our office or the team leads for more info. No registration is needed, just come to the youth centre and help out. Check our online calendar for specific dates and time.

(IN)volved

Are you a youth looking to volunteer within Abbotsford? Contact us today and get your name placed in our volunteer database and we will email you with volunteer opportunities. Contact info@abbyouth.com for the registration package and more information.

We accept cash, credit or cheque for payment

Instagram: @abbyouth

Twitter: @abbyouth

Facebook: Abbotsford Youth Commission



We acknowledge the financial assistance of the Province of British Columbia