

**Spring 2015**

## Youth Focus

12-18yrs

Would you like to learn leadership skills and have a say about what activities happen in our youth centres? Meet once a week to have your voice heard.

### AYC Youth Centre (at ARC)

Thursdays 5:00 - 6:00pm

### AYC Youth Centre (at MRC)

Thursdays 4:30 - 5:30pm

## Special Events

URoc Awards

May 5th 3:30pm - 4:30pm

Do you know an outstanding youth, a youth friendly adult, or a youth friendly business in Abbotsford? We are currently accepting nominations for our Annual URoc Awards. Visit [www.abbyyouth.com](http://www.abbyyouth.com) for more info!

## Free Dinner Nights

Thanks to funding from the Abbotsford Community Foundation, we will be hosting a nutritious dinner each month at our youth centres. Youth will help in prep, cooking, and cleanup!

**MRC-** Apr.10, May 1, Jun.12

**ARC-** Apr.24, May 22, Jun.26

## Youth Council

Grades 10-12

We are currently accepting applications for our Leadership program for students who will be entering grades 10-12 in the Fall of 2015.

Email: [christy@abbyyouth.com](mailto:christy@abbyyouth.com) to request an application

## AYC Youth Centres

12-18 yrs

Come in and check out our free drop-in youth centres. Both centres are equipped with a pool table, Wii, Xbox 360, PS3, ping pong, foosball, and more. Come hang out with friends or meet new ones. AYC Youth Centres are safe places for youth to hang out and are fully supervised at all times. If your parents have any questions, ask them to give us a call!

### Youth Centre at Abbotsford Rec Centre (ARC)

Monday - Thursday 2:30pm - 5:00pm

Fridays 2:30pm - 10:00pm

Saturdays 6:30pm - 10:30pm

### Youth Centre at Matsqui Rec Centre (MRC)

Monday - Thursday 2:30pm - 4:30pm

Fridays 2:30pm - 10:00pm

## Open Gym

12-18yrs

Come to the AYC Youth Centre and hang out from 6:30pm until we open up the gym at ARC. You'll have the opportunity to play all your favourite sports and try out a few new ones as well.

### Youth Centre at Abbotsford Rec Centre

January 10 - June 20 7:30pm - 10:30pm Saturdays

## Drop-in Basketball

12-18 yrs

Drop in each week to shoot some hoops and have some fun, no matter what your skill level is. All youth are welcome to come out and play.

### Abbotsford Middle School

January 7 - May 27 8:00pm - 10:00pm Wednesdays

## Drop-in Floor Hockey

12-18yrs

Join us each week for an exciting game of floor hockey. All skill levels welcome.

### Ag-Rec Building

January 8 - June 15 3:30-5:00pm

Thursdays

\*Check website for cancellation dates\*

# Registered Programs

## Babysitter Training Course - Red Cross

11-15 yrs

This fun & interesting course provides the necessary tools to become a responsible babysitter. Keep the children in your care safe & happy; learn the skills to care for infants, toddlers, pre-schoolers and school age children. Includes handbook & certificate. **1/\$50**

**Friday May 8 (Pro-D Day)** 9:00am-4:30pm

Location: AYC Office

**Monday June 1 (Pro-D Day)** 9:00am-4:30pm

Location: Sweeney Neighbourhood Centre

## Food Safe

14-18 yrs

Become a qualified Food Safe Server and be better prepared for employment! The Level 1 course is for food service front-line workers such as bus persons, servers, dishwashers, and cooks. Foodsafe certificate provided upon successful completion. **1/\$73**

**Saturday April 18** 9:00am-5:00pm

Location: Youth Centre @ ARC

**Monday June 1 (Pro-D Day)** 9:00am-5:00pm

Location: AYC Office

## Money Skills

Learn valuable skills about money management. Certificate provided upon completion. Offered in partnership with Vibrant Abbotsford.

**Register at: [www.vibrantabbotsford.ca/money](http://www.vibrantabbotsford.ca/money)**

**Wednesday May 6 (12-15yrs)** 6:00pm - 8:00pm

**Friday May 8 (15-19yrs)** 9:30am - 3:30pm

1/\$73

Spring Break @ The AYC- Youth Centre @ ARC

12-18 yrs

March 16th - 28th

Mon-Thurs 1:00pm-5:00pm

Fri 1:00pm-8:00pm

Sat 7:30pm-10:30pm

Free, daily activities including: St.Patty's Day Celebration, Create a Commercial, Pool Party, Pictionary, Waffle Day, and more!!

## Girls Nite Out

12-16 yrs

Swimming, Fishing, Dance, Golf, and more... sound fun? Girls Nite Out encourages girls to try new activities as a fun way to practice healthier living. Activities are at various locations. Financial assistance may be available.

**Tuesdays April 14 - June 2** OR

**Wednesdays April 15 - June 3**

7:00pm - 8:30pm

**8/\$45**

## Guys Nite

12-16 yrs

Come out and try fishing, check out the driving range, go swimming, and more! Guys Nite is a recreational program that introduces boys to a variety of activities in the community. Activities are at various locations. Financial assistance may be available.

**Tuesdays April 14 - June 2**

7:00pm - 8:30pm

**8/\$45**

Register early to ensure your spot! Registrations are accepted at our office located in the City Hall Building (separate entrance along the side):  
32315 South Fraser Way.

[www.abbyyouth.com](http://www.abbyyouth.com)

**\*We accept cash or cheque ONLY for payment\***

Youth Week in B.C. is May 1st - 7th

May 1-

Family Dinner Night @ MRC

May 2-

Movie Night @ ARC

May 3-

\$2 Skate/Swim @ ARC/MRC

May 4-

Youth Council Photo Exhibit@The Reach

May 5-

URoc Awards @ ARC

May 6-

3 on 3 Basketball

May 7-

Floor Hockey @ Ag-Rec



*We acknowledge the financial assistance of the City of Abbotsford and the Province of British Columbia*

