

Summer 2016

Free Summer Programs

Summer Youth Zone (12-18yrs)

Drop in to the youth centre at ARC and hang out with us this summer. Our youth centre is a safe place for youth to be and is fully staffed and supervised at all times. We have video games, pool, sports, crafts, activities, games, and more. Each week, we will have themed activities for youth to participate in.

Location: AYC Youth Centre at Abbotsford Recreation Centre

July 4 - Sept 2

M-F 12pm - 5pm

FREE!!!

Open Gym (Drop in Sports) (12-18yrs)

Come to the AYC youth centre @ ARC and hang out until we open the gym. You'll have the opportunity to play all your favourite sports and try out a few new ones.

Location: AYC Youth Centre at Abbotsford Recreation Centre

July-August

M 2:00pm - 3:30pm

F 3:30pm - 5:00pm

FREE!!!



Youth Centre Location:
Abbotsford Recreation Centre
2499 McMillan Road

What you need to know:

Parents:

- All of our programs are safe and fully staffed by adults at all times
- Every staff member has a full criminal record check
- Our drop-in programs are FREE
- Youth 12 and up can stay all day after any registered program (see list on back page)
- Follow us on Twitter, Facebook, and Instagram for daily updates @abbyyouth
- Contact us anytime between 9:00-4:30
- Each week we have unique themed activities
- All inquiries please contact 604-854-8785

Youth:

- Our youth centre at ARC is open Monday-Friday from 12pm-5pm
- Free fun activities everyday
- Video games, crafts, a pool table, outdoor activities, and more
- Free food giveaways
- A concession available with snacks
- Free swimming - check out our online calendar
- Free Open Gym time
- Follow us on Facebook and Instagram @abbyyouth

We acknowledge the financial assistance of the Province of British Columbia.

Registered Programs

**Youth 12 and up can stay all day after any of the following programs.
Participate in our FREE drop-in and activities offered from 12pm-5pm.**

Babysitter Training Course - Red Cross

11-15 yrs

This fun and interesting course provides the necessary tools to become a responsible babysitter. Keep the children in your care safe and happy; learn the skills to care for infants to school age children.

Location: AYC Youth Centre at Abbotsford Rec Centre

July 4 - 7 (M-Th) 10:00am-12:00pm 4/\$55

July 18 - 21 (M-Th) 10:00am-12:00pm 4/\$55

August 2 - 5 (T-F) 10:00am-12:00pm 4/\$55

August 15-18 (M-Th) 10:00am-12:00pm 4/\$55

August 29 - Sept 1 (M-Th) 10:00am-12:00pm 4/\$55

Employment Readiness

14-18 yrs

This fun and interactive course will help you to prepare a resume, take you through the interview process and give you the competitive edge you need to get a job.

Location: Abbotsford Youth Commission Office

July 4-7 (M-Th) 10:00am - 12:00 pm 4/\$50

Cooking

12-18 yrs

Make quick, easy, and tasty appies, salads, and main courses.

Location: TBA

July 11-14 (M-Th) 10:00am - 12:00 pm 4/\$60

DIY Projects

12-18yrs

Get creative and make tie-dye shirts, duct tape wallets, paracord bracelets, glass etching, and more with these great DIY projects.

Location: AYC Youth Centre at Abbotsford Rec Centre

July 25-28 (M-Th) 10:00pm-12:00pm 4/\$60

FoodSafe

14-18 yrs

This Level 1 course is for food service front-line workers such as bus persons, servers, dishwashers, and cooks. With completion, you will receive a Foodsafe certificate.

Location: Abbotsford Youth Commission Office

Friday July 29 9:00am-5:00pm 1/\$75

Friday August 26 9:00am-5:00pm 1/\$75

Baking

12-18 yrs

Make and bake tasty treats from scratch each day!

Location: TBA

Aug 8 - 11 (M-Th) 10:00am - 12:00 pm 4/\$60

Leadership Training

12-18 yrs

This course is full of fun teambuilding activities to help enhance your communication skills, build relationships and handle conflict. Leadership certificate provided at completion.

Location: AYC Youth Centre at Abbotsford Rec Centre

August 22 - 25 (M-Th) 10:00am - 12:00 pm 4/\$50

Summer Sports Zone Pack

One for \$50, Two for \$90, Three for \$120,
or all four for \$140!

Stay all day with our FREE drop-in at ARC from 12-5.

(A) Ball Games July 18-21 (M-Th 10am-12pm)

Activities include Baseball, Soccer, Kin Ball and other fun games.

(B) Search Party Aug 2-5 (T-F 10am-12pm)

Geocaching, Scavenger Hunts, Digital Hunts, and more! We supply the devices, you have a great time... if you can find us!

(C) Water World Aug 15-18 (M-Th 10am-12pm)

Cool down this summer with Slip'n'Slide Kickball, Water Balloon Volleyball, Water Relays, and more.

(D) Old School Games Aug 29- Sept 1 (M-Th 10am-12pm)

Play Kick the Can, Capture the Flag, Flag Football, and other 'Old School Games' with us this summer.

Financial assistance may be available

Please register early to ensure your spot!

How to register:

T: 604-854-8785

W: www.abbyyouth.com

E: info@abbyyouth.com

Abbotsford Youth Commission Office:

32315 South Fraser Way

We accept cash, cheque, or credit only